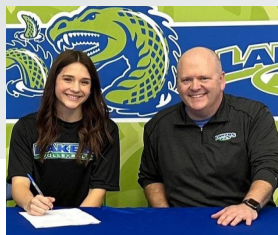


High School Counseling Office Newsletter

Congratulations to these Seniors!!

- Savannah Clarkson has been accepted by Tompkins Cortland CC, Broome CC, and Cayuga CC
 - Anna Fern has been accepted at Keuka College
- Jacob Jenkins has been accepted at the University of Northwestern Ohio
- Cody Lawson has been accepted at Buffalo State University and Early Decision at Rochester Inst of Technology
 - Alex Mercer has been accepted at Buffalo State University
 - Trinity Thornton has been accepted at SUNY Brockport
- Grace Todd-Rogers has been accepted at Michigan State University
- Braden Wright has been accepted at Jamestown CC
- Jordan Winton has been accepted at Finger Lakes CC and signed up to play volleyball for the Lakers!



National Technical Honor Society

The National Technical Honor Society at DCMO BOCES had their induction ceremony the evening of November 10th. Three of our hardworking seniors were honored and inducted into the society.



Congratulations to:
 Braden Wright,
Welding
 Alexandria Whitehead,
Nurse Assisting
 Everett Rivenburg,
Computer Technology

Important Reminders or Dates!!

- PSAT results coming in December!
- Seniors must turn in their Senior picture, baby picture and senior information by the end of January to Ms Czachowski for the yearbook
- The Varsity club has opened a school store for a fundraiser, and will be open until Nov 21st
- Sign ups for Colgate SAT Prep class are open until Dec 2nd
- Diploma forms are out to seniors, please return to counseling by Nov 30. If you haven't gotten yours, please see Ms Turner
- SUNY Oswego extended their time to apply without a fee until the end of November!

Check out Xello!

On November 17th Mrs. Burns pushed into 11th grade US History classes to show students how to search for colleges and careers using Xello.

Students were able to save their selections to their online career portfolio. They also created a plan for after high school.

Students can access Xello at any time using their chromebooks.

We encourage parents/guardians to sit down with their kids and look at Xello with them.

Resource Recommendations from the High School Counselors

Our packet of local scholarships will be coming out in March. In the meantime check out these resources for college funding:

Collegeboard
BigFuture



Fastweb



Study help and SAT prep



Khan Academy

The National Honor Society hosted a blood drive this month, and banked 18 units of blood for the Red Cross, falling just shy of their goal.

We had 10 student volunteers.

Great Job
Mrs Hadden & NHS!



School Store Online Now

The School Store is now open online!

Hurry to get your order in before it closes on Nov 21st!

Proceeds benefit the Varsity Club.



SCAN ME



Don't forget to apply for the SAT prep at Colgate!

To Apply: Scan this code:

Or go directly to :

<https://forms.gle/BZkuhAgWthDQ8nsv9>



THE DEADLINE TO APPLY IS DEC 2nd!

This course will run to conclude before the May 6, 2023 SAT.

All classes and practice tests are on Sundays 1-5.

First test Jan 29.

Classes will be: Feb 5, 12, 26
March 5, 26
April 16

SETTING AND RESPECTING BOUNDARIES

A person with healthy boundaries understands that setting them helps by making their expectations clear and outlining what they won't tolerate.

ALL types of relationships need boundaries to be healthy.

Familial relationships, work relationships, romantic relationships, friend relationships, ANY relationship. Boundaries are beneficial for limiting your stress and protecting your mental well-being. Respecting others' boundaries is crucial in any type of relationship as well.

Here's some resources:



Teens & Boundaries



Build & Preserve Boundaries



Types of Boundaries



Boundaries for the Holidays