

K-12 Comprehensive School Counseling Plan

Draft

2023-2024

<u>Belief Statements regarding the Sherburne-Earlville School Counseling</u> <u>Program:</u>

- 1. We believe that all students have the ability to achieve at their developmental level.
- 2. We believe that we can address developmental needs of all students by implementing programs tailored to certain students.
- 3. The school counselor's role is to reach out, take initiative, stand up and advocate for every student.
- 4. The school counselors are involved in the planning, managing, delivering, and evaluation of program activities.
- 5. Data is used to show effectiveness and areas for improvement within the program.
- 6. Ethical standards guide the work by providing equal opportunities for all students.

Sherburne-Earlville School Counselor Mission Statement

SE Mission in Action Statements:

We will take a student centered-approach. We will use an evidence-based approach. We will be a collaborative community. We will be a community that accepts and appreciates diversity. We will consider all points of view to make compassionate decisions. We will communicate with all relevant stakeholders. We will treat each other with respect.

School Counseling Mission Statement for SE:

As School Counselors, we aspire to provide every student with the opportunity to achieve at their highest potential in the areas of academic, career, and personal/social development. We will work closely and collaboratively with students, parents, teachers, administration, and our community to make compassionate decisions and to provide each student with the opportunity to learn and develop life skills that will lead them to a successful future.

The following are SMART counseling program goals for the 2023-2024 school year, created by Sherburne-Earlville school counselors and social workers:

SMART Goals are:

Specific Measurable Attainable Relevant Timebased

<u>2023-2024 SMART Goal</u> <u>Sherburne Earlville Elementary School</u>

Targeted Group: S-E Elementary School Students (K-5)
Will: K-5 teachers will complete the DESSA mini form and DESSA full form if necessary, at the start of the school year and at the end.
By: 95% From: 0% To: 95%

Supported by ASCA Behaviors and Mindsets:

Mindset 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

Behavior Standard B-SS 2: Create positive and supportive relationships with other students

Behavior Standard B-SS 4: Demonstrate empathy

Behavior Standard B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment

<u>Supported by these NYSSCA regulations:</u>

- Core Curriculum instruction will be provided by certified school counselors in college/career, social/emotional and academic skills development based on multiple student competencies.
- All students have access to a certified school counselor and the school counseling program

Supported by these NYS Social Emotional Learning Benchmarks:

1.Develop self-awareness and self-management skills essential to success in school and in life.

Sherburne-Earlville Central School District

2. Use social awareness and interpersonal skills to establish and maintain positive relationships.

3. Demonstrate ethical decision-making skills and responsible behaviors in personal, school, and community contexts.

Importance of Data: To provide baseline data in support of implementing SEL curriculum. K-5 Teachers will complete the DESSA assessment on 100% of their class by a predetermined deadline to record baseline data for SEL programming. Teachers will assess students again at the end of the year to determine growth made throughout the year

DESSA mini assessment:

| hild's N | Name Ger | Gender DOB | | | | Grade | |
|-----------------------------------|--|------------|--------|-------------------|-----------------|------------|------|
| Person Completing this Form | | | | | | | |
| | Rating School/Organization | | | | | | |
| hrase: D eath the ight or w | n describes a number of behaviors seen in some children. Read the statements that follow the During the past 4 weeks, how often did the child and place a check mark in the box under- word that tells how often you saw the behavior. Answer each question carefully. There are no vrong answers. Please answer every item. If you wish to change your answer, put an X through in your new choice as shown to the right. | Never | Rarely | Occasionally 2 | Frequently 3 | Frequently | |
| tem # | During the past 4 weeks, how often did the child | Never | Rarely | Occasionally | Frequently | Frequently | Scor |
| 1. | look forward to classes or activities at school? | 0 | 1 | 2 | 3 | 4 | |
| 2. | show appreciation of others? | 0 | 1 | 2 | 3 | 4 | |
| 3. | encourage positive behavior in others? | 0 | 1 | 2 | 3 | 4 | |
| 4. | teach another person to do something? | 0 | 1 | 2 | 3 | 4 | |
| 5. | show an awareness of her/his personal strengths? | 0 | 1 | 2 | 3 | 4 | |
| 6. | make a suggestion or request in a polite way? | 0 | 1 | 2 | 3 | 4 | |
| 7. | use available resources (people or objects) to solve a problem? | 0 | 1 | 2 | 3 | 4 | |
| 8. | seek out additional knowledge or information? | 0 | 1 | 2 | 3 | 4 | |
| | | | | | Raw | Score Sum | |

Original DESSA-mini forms are printed in red and black. If this form is only in black and white, it is an unauthorized photocopy, which is a violation of the copyright.

Possible Systematic Issues: New students entering outside of the assessment windows will not be scored until the end of the year assessment window.

<u>Use of data:</u> Data will be used to determine needs for small group counseling in grades K-5.

Method: Teachers will be required to complete the DESSA mini on their class during a window in October and again during a window in May. If the student scores below a certain score, teachers will be required to complete the full DESSA assessment. The data is collected via an online program owned by Aperature Education where counselors and other mental health personnel can access for tier 2 and 3 intervention. The Elementary School Counselors implement the *Second Step* curriculum once per 6 day cycle for tier 1 intervention. Once the baseline assessment is completed in October, the data will be used to support the need for SEL programming in grades K-5.

Identify outcome data (achievement, attendance or behavior) supporting need for this goal: Increasing appropriate social and behavioral interactions amongst students.

Identify supporting contextual (perception) data (from relevant stakeholders) to further understand this goal: Students will complete a pre- and post- test in small group to determine if they have improved on the skills the group is targeting

Identify any possible systemic issues (policies, procedures, school- or districtwide) related to this goal: Students who are new to the district mid year will not be assessed until an open assessment window.

Identify school programs/activities currently employed to address this goal: School counselors run several small groups for grades K-5 based on the data collected through the DESSA.

Identify possible school counselor interventions/strategies to address this goal: Providing small groups to the students who meet the cut-off score for intervention on the assessment.

<u>2023-2024 SMART Goal</u> Sherburne Earlville Middle School

Targeted Group: S-E Middle School Students (6-8)

Goal: By June 2024, 90% of students will complete an individual transition meeting with school counselor

By: 90% **From**: 0% **To**: 90%

Data Source: Interview surveys and counselor notes.

Supported by ASCA Behaviors and Mindsets:

Mindset 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes

Behavior Standard B-LS 4: Apply self-motivation and self direction to learning **Behavior Standard B-SMS 5:** Demonstrate perseverance to achieve long- and shortterm goals

Behavior Standard B-SMS 10: Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Supported by these NYSSCA regulations:

- Information on college & careers.
- All students have access to a certified school counselor and the school counseling program

Supported by these NYS Social Emotional Learning Benchmarks:

1.Develop self-awareness and self-management skills essential to success in school and in life.

2. Use social awareness and interpersonal skills to establish and maintain positive relationships.

3. Demonstrate ethical decision-making skills and responsible behaviors in personal, school, and community contexts.

Importance of Data: Data will provide baseline information on effective practices for transition meetings in the future.

Possible Systematic Issues: Students incoming and leaving district mid year or exhibiting poor attendance may not being able to access to scheduling a meeting.

Use of data: Data collected from individual transition meetings will be used to guide career curriculum in the 2020-2021 school year.

<u>Method</u>: Middle School counselors will meet with each student to assess academic goals and career interests. All data collected will be saved in a file for students to access during the remainder of their school career.

Identify outcome data (achievement, attendance or behavior) supporting need for this goal: S-E Middle School students currently have no college/career plans in place.

Identify supporting contextual (perception) data (from relevant stakeholders) to further understand this goal: Students currently do not have counselor meetings regarding their future career options.

Identify any possible systemic issues (policies, procedures, school- or districtwide) related to this goal: Scheduling all students into a meeting before the end of the year may be difficult due to other job responsibilities.

Identify school programs/activities currently employed to address this goal: BOCES visits for 8th graders, Xello Career Interests Surveys, job interview and resume skills in FCS 8, and exploratory courses in agriculture and robotics.

Identify possible school counselor interventions/strategies to address this goal: Middle School counselors will meet with each student to assess academic goals and career interests. All data collected will be saved in a file for students to access during the remainder of their school career.

<u>2023-2024 SMART Goal</u> Sherburne Earlville High School

Targeted Group: S-E High School Students (9-12)Goal: by June of 2024, fewer students in grades 9-12 will fail 2 or more classes.By: 5% From: 15% To: 10%

Supported by ASCA Behaviors and Mindsets:

Mindset 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes

Behavior Standard B-LS 4: Apply self-motivation and self direction to learning **Behavior Standard B-SMS 5:** Demonstrate perseverance to achieve long- and shortterm goals

Behavior Standard B-SMS 8: Demonstrate the ability to balance school, home and community activities

Supported by these NYSSCA regulations:

- Information on college & careers.
- All students have access to a certified school counselor and the school counseling program

Importance of Data: Data will reflect the number of students failing specific courses.

Possible Systematic Issues: Attendance

Use of data: Will use data to inform the development of next year's HS goal.

Method: High School counselors will meet with students who are struggling academically to assist them in coming up with a plan to improve performance.

<u>Identify outcome data (achievement, attendance or behavior) supporting</u> <u>need for this goal:</u>

NYS School Report Card

Identify supporting contextual (perception) data (from relevant stakeholders) to further understand this goal:

<u>Identify any possible systemic issues (policies, procedures, school- or</u> <u>districtwide) related to this goal:</u> Grade retention, drop out rate, poor attendance

Identify school programs/activities currently employed to address this goal: Math Labs, Writing Labs, AIS, Study Table, Tutoring programs, Attendance tracking

Identify possible school counselor interventions/strategies to address this goal: Meeting with students who are struggling academically to assist them in coming up with a plan to improve their grades, Parent/teacher conferences as needed

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- 4. Use of Time

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- 1. Program Assessment
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Introduction

Counseling

The Sherburne-Earlville Central School District comprehensive school counseling plan provides the framework for building

New York State Part 100 Regulations-School Counseling Programs a. The Program

- i. The Sherburne-Earlville Central School District's comprehensive counseling program includes all students K-12
- ii. All Sherburne-Earlville students, K-12, have access to a certified school counselor
- b. The Services
- c. The Plan

The Comprehensive Model

A. Define:

- a. Student Standards
 - i. Academic Development
 - ii. Career Development
 - iii. Social/Emotional Development
- b. Professional Standards

B. Manage:

- a. Program Focus
 - i. School District Mission Statement:
 - 1. The Sherburne-Earlville Central School District, in partnership with parents and community, will inspire and empower each learner to reach their full potential.
 - ii. Counseling Mission Statement:
 - As School Counselors, we aspire to provide every student with the opportunity to achieve at their highest potential in the areas of academic, career, and personal/social development. We will work closely and collaboratively with students, parents, teachers, administration, and our community to make compassionate decisions and to provide each student with the opportunity to learn and develop life skills that will lead them to a successful future.
 - iii. Counseling Vision Statement

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- iv. Sherburne-Earlville's School Counselor Belief Statements
 - 1. We believe that all students have the ability to achieve at their developmental level.
 - 2. We believe that we can address the developmental needs of all students by implementing programs tailored to certain students.
 - 3. The school counselor's role is to reach out, take initiative, stand up and advocate for every student.
 - 4. The school counselors are involved in the planning, managing, delivering, and evaluation of program activities.
 - 5. Data is used to show effectiveness and areas for improvement within the program.
 - 6. Ethical standards guide the work by providing equal opportunities for all students.
- b. Program Planning:

C. Deliver:

- a. Direction Student Services
 - i. Instruction
 - ii. Advisement
 - iii. Counseling
- b. Indirect Student Services
 - i. Referral
 - ii. Consultation
 - iii. Collaboration

D. Assess:

- a. Program Assessment:
- b. Program Results

Elementary School Scope and Sequence

| Activities | Target Group | Staff Assigned | Resources | Dates |
|--|--------------|--|---|---------------------------|
| K-Screening | Kindergarten | All K teaching staff and counselors/SW | Support programs provided through SE | August |
| Second Step Program (including Bullying & Child Protection) | UPK-5 Grade | Counselors | Second Step Program Units September through Ju | |
| Character Education | UPK-5 Grade | All staff | Character Education Committee decided activities/ agenda | September through June |
| Open House | UPK-5 Grade | All Staff | Support programs provided through SE | September |
| Individual Counseling | UPK-5 Grade | Counselors/ SW | Various | September through June |
| Focused Topic Group Counseling | UPK-5 Grade | Counselors | Various | October through June |
| Conference Days | UPK-5 Grade | All Staff | Teacher & Parent request | November and February |
| Career Planning | UPK-5 Grade | Counselors | Various | April and May |
| Parent Group | UPK-5 Grade | Counselors/ SW | Nurturing Parenting Group Based Program | October through May |

Middle School Scope and Sequence

| Activities | Target Group | Staff Assigned | Resources | Dates |
|---|-----------------------------|--|------------------------|--|
| 6th Grade Orientation | All incoming 6th graders | MS School Counselors, Administration , and Grade 6 Staff | | Late August or Early September |
| Back to School Bash | All students Grades 6-8 | All MS Staff | Community Resources | First week of school |
| Open House? | All students Grades 6-8 | All MS Staff | | October |
| Xello - career interest surveys | All students Grades 6-8 | MS School Counselors | Xello program | November - January |
| Second Step lessons | All students Grades 6-8 | MS School Counselors | Second Step program | Every other month? |
| BOCES visit to preview CTE programs | All Grade 8 students | MS School Counselors & 8th Grade Teachers | DCMO BOCES | January - March based on BOCES schedule |
| Individual student meetings with School Counselor | All students Grades 6-8 | MS School Counselors | | September - March? |

High School Scope and Sequence

| Activities | Target Group | Staff Assigned | Resources | Dates |
|--|--|--|--|----------------------|
| 9th Grade Orientation | All incoming 9th graders | High School Counselors Admin 9th Grade Teachers | | August |
| Back to School Bash | All Students 9-12th Grade | All building faculty and staff | -Community Resources | August/Septe mber |
| Open House | Parents and students in grades — | All building faculty and staff | | September |
| Financial Aid Night | Parents & Students in grades 11 & 12 | HS Counselors Financial Aid Rep | -Morrisville Financial Aid Rep -Financial Aid Packet | September |
| Classroom Curriculum: -Graduation Requirements -Scholarship Materials -Testing Information -College Nights/Visitati ons | All students in Grade 12 | High School Counselors | Senior Packet | September |
| Military and College representatives available in the Counseling office to broaden individual knowledge and perspectives towards career choices | All 11th and 12th grade students on a volunteer basis Announcements/E mails Made | High School Counselors | Conference room | September- June |

| Classroom Curriculum -Graduation Requirements -How to be successful in high school | All students in grade 9 | High School Counselors | Kahoot | October |
|---|-----------------------------|---------------------------|--|--------------|
| Classroom Curriculum -Post secondary planning | All students in grade 11 | High School Counselors | Xello Google Slide | September |
| PSATs and ASVAB testing | Grade 11 | High School Counselors | Collegeboard ASVAB | October |
| Classroom Curriculum -Xello career planning -Create a post- secondary plan | Grade 11 | High School Counselors | Xello | November |
| College Panel | Grade 12 | High School Counselors | | December |
| College Day | Grade 11 | High School Counselors | | April |
| Junior Parent Night | Grade 11 | High School Counselors | | April |
| SAT School day | Grade 11 | High School Counselors | College Board | April |
| Individual college and career planning sessions with students and parents to review steps to post graduation planning | All students in grade 11 | High School Counselors | Review Junior Status: Regents, PSAT, SAT, transcript, student permanent record, internet sites relevant to student plans | January-June |
| Parent | Parents of students | Counselors | | Ongoing |

| conferences for students with academic, behavioral or attendance concerns | in K-12 | Teachers Administration (if needed) | | |
|--|---------|---|--|--|
|--|---------|---|--|--|