



Dear Parent(s)/Guardian(s),

Sherburne-Earlville Central School has implemented an innovative program for our student-athletes that will assist our team physician/athletic department/school nurse in evaluating and treating head injuries (e.g., concussion). To better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post-concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in "video game" type format and takes about 15-20 minutes to complete. It is simple, and many athletes actually enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain that tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete **may** be required to re-take the test. Both the preseason and post-injury test data is given to the **school physician and/or student's primary care provider** to help evaluate the injury. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details. Test data will remain in the student's health file and will not be released without your consent.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Our Board of Education, administration, coaches and athletic department staff strive to keep your child's health and safety at the forefront of the student athletic experience.

Please return the attached page with the appropriate signatures. If you have any further questions regarding this program, please feel free to contact me.

Sincerely, Andrea Gunther RN, School Nurse

The concussion baseline testing CONSENT FORM is on the reverse side of this document.





*** Please return this Consent Form to the Health Office ***

Consent Form

For use of the Immediate Post-concussion Assessment and Cognitive Testing (ImPACT). Please sign to confirm you have read the attached information and understand its contents.

The student-athlete and parent(s)/guardian(s) agree to participate in the ImPACT Concussion Management Program in conjunction with the Sherburne-Earlville Central School District's Concussion Protocol.

Name of Athlete:	Grade:
Sport(s):	
Signature of Athlete:	Date:
Signature of Parent/Guardian:	Date:
Signature of Parent/Guardian:	Date:

Note: This consent form must be completed, signed and submitted to the Health Office if your student-athlete plans to participate in Baseball, Basketball, Cheerleading, Field Hockey, Football, Ski Club, Soccer, Softball, Swimming, Volleyball, or Wrestling.

Testing is required for all student-athletes (modified, junior varsity, varsity) who participate in contact/collision/impact sports. If your student-athlete plays more than one contact/collision/impact sport during the school year, only one baseline test is required. Student-athletes will retake the baseline test after a 2-year period.

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