

New*** Sherburne-Earlville Concussion Management Procedure
and the ImPACT Program

Sherburne-Earlville Central School is currently implementing an innovative program for our student-athletes. This program will assist our school physician/athletic department/school nurse in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, **the athlete may be required to re-take the test.** Both the preseason and post-injury test data is given to the **physician** to assist in the evaluation of the injury. The information gathered **may** also be shared with your primary care provider. The school physician has the final authority to clear students to participate or return to physical activities. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details. Test data will remain in the student’s health file and will not be released without your consent.

We wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Sherburne-Earlville school board, administration, coaching, and athletic department staff is striving to keep your child’s health and safety at the forefront of the student athletic experience.

If you have any further questions regarding this program please feel free to contact the Health Office. (674-7310/7314).

**Testing is required for all student-athletes, modified through the varsity level participating in
Contact/Collision/Impact sports:
BASEBALL, BASKETBALL, CHEERLEADING, FIELD HOCKEY, FOOTBALL, ICE
HOCKEY, SKI CLUB, SOCCER, SOFTBALL, VOLLEYBALL or WRESTLING.**

**If your student plays more than 1 Contact/Collision/Impact sport during the school year,
only 1 baseline test is required.*