



Sherburne-Earlville Central School  
Health Office

Phone: (607) 674-7310/7314 Fax: (607) 674-7383



ImPACT™

[www.impacttest.com](http://www.impacttest.com)

Dear Parent/Guardian,

Sherburne-Earlville Central School is currently implementing an innovative program for our student-athletes. This program will assist our team physician/athletic department/school nurse in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete **may** be required to re-take the test. Both the preseason and post-injury test data is given to the **school physician and/or student’s primary care provider** to help evaluate the injury. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details. Test data will remain in the student’s health file and will not be released without your consent.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Sherburne-Earlville school board, administration, coaching, athletic department staff is striving to keep your child’s health and safety at the forefront of the student athletic experience.

**Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact me.**

Sincerely,

Kathy Steward RN, School Nurse

*The concussion baseline testing CONSENT form is on the reverse*



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**This consent form is to be completed and signed if your student plans to participate in:**

**BASEBALL, BASKETBALL, CHEERLEADING, FIELD HOCKEY, FOOTBALL, ICE HOCKEY, SKI CLUB, SOCCER, SOFTBALL, SWIMMING, VOLLEYBALL or WRESTLING.**

**Testing is required for all student athletes, modified to the varsity level participating in Contact/Collision/Impact sports.**

*\*If your student plays more than 1 Contact/Collision/Impact sport during the school year, only 1 baseline test is required. Students will re-take the baseline after a 2-year period.*

**Return this form to the Health Office.**

## **Consent Form**

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)  
I have read the attached information. I understand its contents.

**The Student/Parent/Guardian agree to participate in the ImPACT Concussion Management Program in conjunction with the Sherburne-Earlville Central School's Concussion Protocol.**

**Printed Name of Athlete** \_\_\_\_\_ **Grade** \_\_\_\_\_

**Sport(s)** \_\_\_\_\_

\_\_\_\_\_  
**Signature of Athlete**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Signature of Parent**

\_\_\_\_\_  
**Date**